



EXERCISE YOUR EYES

Jacob Liberman, O.D., Ph.D., D.Sc.

Dr. Jacob Liberman received a Doctorate of Optometry in 1973 from Southern College of Optometry, a Ph.D. in Vision Science in 1986 from The College of Syntonic Optometry and an Honorary Doctorate of Science in 1996 from The Open International University for Complementary Medicines. He is a fellow Emeritus of The American Academy of Optometry, The College of Optometrists in Vision Development, The College of Syntonic Optometry, and The International Academy of Color Sciences. He is also the recipient of the H.R. Spittler Award for his pioneering contributions to the field of phototherapy.

Dr. Liberman's first book, *Light: Medicine of the Future*, established him as an authority in the field of light and color therapy and is considered a classic in its field. His second book, *Take Off Your Glasses and See*, was inspired by the miraculous healing of his own vision, and offers a radically new approach to restoring and enhancing one's vision naturally. His latest book, *Wisdom From an Empty Mind*, is a compilation of one-page essays on light, vision and consciousness. All three books have received international acclaim and have been published in multiple languages.

For the past 35 years, Dr. Liberman has worked with thousands of individuals, ranging from children with learning difficulties to Olympic and professional athletes. He has been interviewed on hundreds of radio and television shows, addressing audiences worldwide. His work has been enthusiastically endorsed by luminaries in the fields of science, medicine, consciousness, and professional sports.

In 2001, Dr. Liberman founded Exercise Your Eyes, Inc. and invented the EYEPART Vision Training System. The EYEPART represents years of clinical research and integrates Dr. Liberman's pioneering discoveries in vision science into the first FDA cleared medical device of its kind available to the public.