



EXERCISE YOUR EYES

Research Summary EYEPOR Vision Training System

In 2003, a carefully-controlled study at Pacific University College of Optometry revealed that using the EYEPOR for just 10 minutes a day, over a three week period, yielded significant improvements in the ability to aim, track, focus and use the eyes as a team, as well as improving reading efficiency and comprehension. On quality of life questionnaires, subjects reported improved attention, alertness, reading and athletic performance. This study was published in Optometry, Volume 77, Issue 10, October 2006.

In 2004, a second independent study was completed on the isolated effect of using the EYEPOR on the batting performance of little league baseball players. Results of that study demonstrated a 90% improvement in batting performance after only three weeks of use. Shortly after the completion of the study, this team emerged from the loser's bracket to win their first league championship. This study was published in the Journal of Behavioral Optometry, Volume 16, Number 6, 2005.

In 2005, a third study was completed with the Maui County Police Department. The results of that study demonstrated statistically significant improvement in visual attention, speed and span of perception and marksmanship. Additionally, experienced police recruit trainers noticed visible improvement in speed of visual reaction time, accuracy of visual recognition and speed, accuracy and appropriateness of physical response. Also, after using the EYEPOR, one of the sergeants that supervised the program competed in the Hawaii State USPSA Championships and won the Open division and overall high score. This study was published in the Journal of Behavioral Optometry, Volume 17, Number 4, 2006.

In 2006, EYEPOR received clearance from the FDA as a medical device available to the public for the treatment of poor accommodative and vergence facility, convergence insufficiency and large accommodative lag (in non-presbyopic subjects).

In 2007, a pilot study conducted at Northeastern State University College of Optometry demonstrated that use of the EYEPOR significantly improved visual attention, focus and depth perception in subjects previously diagnosed with Attention Deficit Hyperactivity Disorder (ADHD).

For more information visit www.exerciseyoureyes.com or call 888-343-5252.

EXERCISE YOUR EYES, INC. · PO BOX 1029 · WAILUKU, HI 96793 · TEL: 808.244.5251 · WWW.EXERCISEYOUREYES.COM